

Contacts

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Key Dates

Term	First Day	Last Day
1	05/09/22	21/10/22
2	01/11/22	16/12/22 12pm finish
3	03/01/23	10/02/23
4	21/02/23	31/03/23 12pm finish
5	17/04/23	26/05/23
6	05/06/23	20/07/23 12pm finish



Head Teacher's Update

A very hot week here at Petherton Park School! We have all be enjoying the lovely weather this week and getting out in it as much as possible. Some amazing academic work produced over the week and once again it was a privilege to join in woodwork.

This week we welcomed Robee Begum to our Petherton Family and to our teaching assistant team. We have provided some facts about Robee for you, below.

As you are all enjoying the lovely weather please remember to take all necessary precautions and stay hydrated.

Meet Robee

Tell us about your first week? *"My first week has been very informative! I have been welcomed into Petherton Park by all the staff and know I will enjoy working here. I have also enjoyed meeting all the students here and I am looking forward to getting to know everyone."*

Favorite food? *"I like Italian and Indian food."*

Favorite Colour? *"My favorite colour is Blue."*

Somewhere you would most like to visit? *"Machu Picchu"*

Favorite subject? *"My favorite subject is History"*

One random fact about you? *"I have been on T.V"*



Robee Begum
(she/Her)

SUN SAFETY

SUMMER SKIN PROTECTION



[Stay Safe This Summer](#)
[\(Follow this link for more information\)](#)



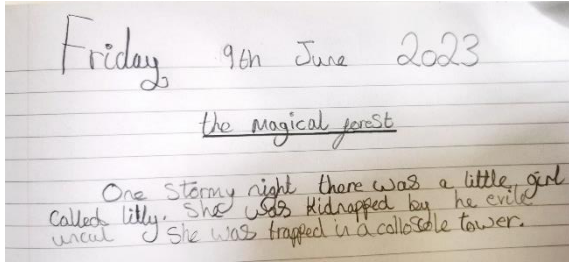
Josh won 1st prize at College for his finished and displayed desert



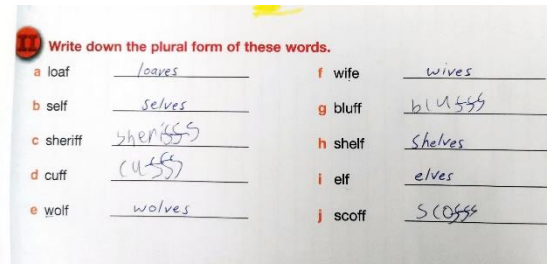
One of our students worked with Lucy to develop and personalise their feelings visual/scale



Kian's nearly finished his project of a cut out of the World Cup



Lexi's English work about a magical forest



Finnley's English work on plurals



Oscars finished his woodwork project

Activity Sheet - Performance Enhancing Drugs in Sport

Task 2) Complete the table below describing the supposed benefits of each PED and the likely sporting context they will be used for.

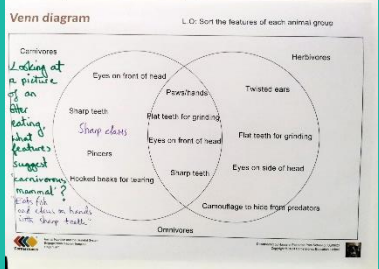
PED	Benefits	Use in Sport
Caffeine	Stimulates central nervous system	Endurance
Testosterone	Builds and builds muscle mass	Strength and power
Thyroid hormone	Helps to increase speed, energy, lipids and metabolism	Strength and power
Anabolic steroids	Builds muscle mass, encourages 'cutting' programmes	Strength and power
Insulin	Helps to increase glucose uptake	Strength and power
Human Growth Hormone	Increases muscle mass and bone density	Strength and power
Erythropoietin	Increases red blood cell production	Endurance
Blood doping	Increases red blood cell production	Endurance
Subliminal	Relax and more willing to perform	Endurance
Triamterene	Increases muscle mass	Strength and power
Alcohol	Can mask the effects of other PEDs	All
Cocaine	All	All

Awesome work! Great progress throughout

Ryan's work on Performance Enhancing Drugs



Rio and Alfie's catch!



Finnley's Science Work

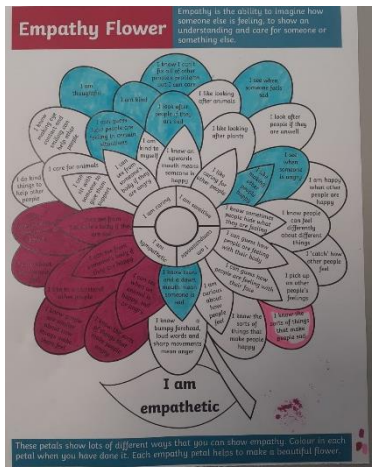
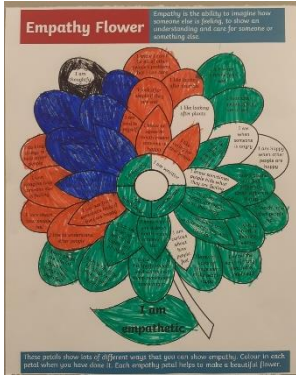
Fruit Salad VF

Write down the answers in the circles.

3 strawberries + 2 strawberries	=	5
4 grapes + 3 grapes	=	7
10 apples + 0 apples	=	10
9 bananas + 0 bananas	=	9
8 grapes + 0 grapes	=	8
4 pineapples + 0 pineapples	=	4
6 oranges + 0 oranges	=	6
9 lemons + 0 lemons	=	9

WS-LC

Danny's amazing maths work



Safeguarding information:

Designated Safeguarding Leads: Jamie Wright, Laura Holbrook, Sam Williams – 0330 135 8200
If you have any concerns, please do not hesitate to speak to our Designated Safeguarding Leads