Grow Example Timetable

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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:30	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Reflection
9:30 - 10:30	Sweet Succeeding With Education, Employment & Training	Functional Skills	Sweet Succeeding With Education, Employment & Training	Sweet Succeeding With Education, Employment & Training	Catering
10:30 - 11:00					
11:00 - 12:00	Shopping	Stretch-Maths	Functional Skills	Mentoring	DofE THE DUKE OF EDINBURGH'S AWARD
12:00 - 13:00					
13:00 - 14:00	Session with Lucy	Cooking	Woodwork	Couch to 10k	Newport County AFC 1912 exiles 1989 COUNTY IN THE COMMUNITY Providing Opportunities : Enhancing Lives
14:00 - 14:15					
14:15 - 15:30	Independent Study	Cooking	Allotment	Work Skills	Assembly