# Grow Curriculum Journey: Example

**Reached a roadblock?**

1. **Play / Explore**
2. **Rest if you need**
3. **Ask for help**

Back on track...

**Curriculum Content:**

RSE, study skills, leadership and volunteering opportunities, PSHE.

**Next Steps**

- **Work placement**
- **College**
- **Prepare for independence**

**IDP Outcome 5:**

Promote Tobias' independent self-care skills.

**Duke of Edinburgh Award:**

Skills, volunteering and expedition.

**IDP Outcome 4:**

Tobias will self-report having established peer connections. Tobias will self-select an activity linked to his interests, to engage in during break times.

**Young Leaders Award:**

Peer mentoring

**DofE Sport Section:**

Table tennis

**Curriculum Support:**

Functional skills L1/2

Preparation for GCSE

**IDP Outcome 3:**

Tobias will develop his numeracy skill development, relative to baseline assessment

**Vocational Experience:**

Apply numeracy skills through preferred vocational pathway, a) onsite and b) in the community.

**IDP Outcome 2:**

Tobias will have a deeper understanding of anxiety and be able to self-select strategies to manage times when he experiences anxiety.

**Curriculum Support:**

Completion of BTEC Sweet at L1 or 2. To include units around mental health and support strategies.

**Therapeutic Support:**

Ongoing work with SaLT for key understanding and strategies related to interoception, for example.

**Curriculum Overview:**

Experience of language, communication, mathematics, science, technology, humanities, health, well-being and expressive arts.

**IDP Outcome 1:**

Tobias will attend a full-time curriculum with attendance above 90%

**Pathway Specific:**

Vocational qualification in catering (food hygiene, practical skills).

CV building and application to college, with careers advice and support.

**Start your journey:**

Transition, strengths and support needs, interests, themes! Set individual learning targets and take them on your journey.

**Explore:**

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| Human rights education and the United Nations Convention on the Rights of the Child (UNCRC) | |
| Diversity | Careers and work-related experiences |
| Local, national, and international context | Relationships and sexuality education |