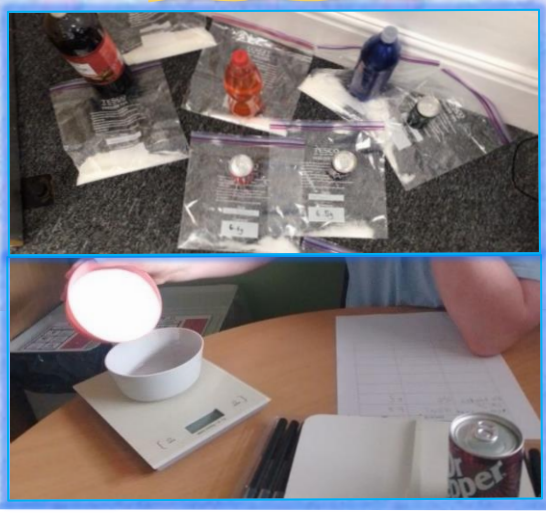
# Newsletter
# October 2024

During Rhymney's cooking session, Elsie chose to make Gingerbread man, and they were good! But something important to point out is that Elsie didn't just cook them, but taught team member Emily the recipe and did an amazing job, well done

During Richard's individual Speech and Language Therapy session, he showed great teamwork, giving clear instructions for which shape and colour LEGO pieces he needed to build a house for his favourite game character called "Ralsei". He used his mental flexibility and problem-solving skills when he couldn't find the exact pieces he needed.

He also politely asked if he could update the pictures on his personalised "Zones of Regulation" board before checking-in as feeling green zone 'happy'.



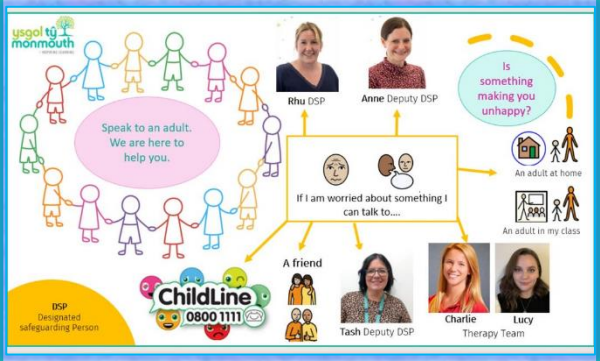
Neath class have been learning about sugar and its benefits/disadvantages of consuming it. Then Researched some of their favourite drinks and found out how much sugar is in each drink, then measured that amount of sugar and stored it in a plastic bag to visualise the quantity of sugar that each drink has.

## A day in the life at Ysgol Tŷ Monmouth

# Creative Corner

*During Zones of Regulation group in Monnow class, the pupils enjoyed creating 'finger faces' depicting the emotions we may experience in each zone. They also watched a short video clip to practice recognising other people's feelings, and thought about examples of when we personally experience each of the zones. Brilliant work Monnow!*

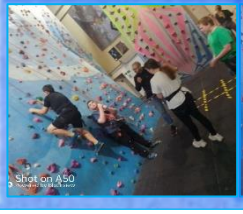
# Pupil Voice




*During this week's assembly, we talked about friendships and healthy relationships, and how we can become aware of possible dangers and know where we can turn to for support when needed. No matter the reason or need, but just having that safe space and freedom of expression to talk about things that might stop us to fulfil or achieve our happiness and safety.*

*If you ever fill like you need to talk to someone or need guidance, don't be afraid to reach out, and will go through it together.*

# Health and Wellbeing



*Pupils have enjoyed their visit to "Boulders" a wall climbing activity. With the guide and help of the instructors, they each took part on climbing the wall whilst other peers were supporting the rope and guiding each other's steps. They all did a good job at using their social and interactive skills to support each other in completing each climb and had loads of fun along the way. Well done all!*

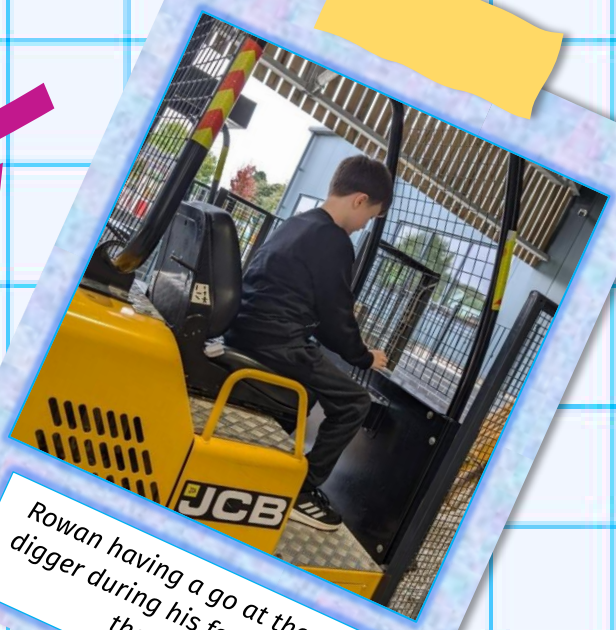
***Scan this QR code to watch a small video of this activity!***

# Did you Know?

*"Did you know that Before alarm clocks, people would pay someone to knock on their window and wake them up? They were called "knocker-uppers".*

**This term's theme is: Belonging and Community.**

Star of the week this week goes to Zara!



Rowan having a go at the toy digger during his farm visit to the farm.

Team members of the week this week goes to Marina and Kerry!

Work of the week this week goes to Rhys!

An obstacle course that Neath class created for the school, and it was so much fun!

## Proud Cloud...

"This week we are proud of our new pupil Zara, for settling well in school and creating new friends!".

Well done!

# Something bothering you?
# Speak to your safeguarding Team

## Safeguarding Team

*Rhuanedd Deroy-Jones (Head Teacher)*

*Role: Designated Safeguarding Person (DSP)*
*& Online Safety Officer.*
*Email: r.deroy-jones@phoenixschools.org.uk*
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*Anne Stephens (Deputy Head Teacher)*

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*Natasha Smith (ALNCo)*

*Role: Deputy DSP*
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*Darren Jackson*

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*& Safeguarding Governor.*
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*Identifying strengths,*
*Empowering learning,*
*Improving outcomes...*

phoenix