

# LUNCH ARRANGEMENTS

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At Phoenix Academy we are passionate about encouraging students to eat a healthy diet and learn the skills to prepare nutritious food for themselves and each other.

We encourage students to eat together, supporting their social development and peer relationships.

Students are welcome to bring a packed lunch each day along with a soft drink. We do not allow fizzy drinks or energy drinks on the school site.

Healthy snacks, toast and fruit will be available.

As part of our school ethos we aim to foster a community and therefore as part of the school curriculum, students will have the opportunity to design school menus, cook for each other and explore recipes from around the world, including different dietary needs for cultural, religious or health reasons.